



Spa Treatments

NATURAL FACIAL TREATMENTS

Facial cleansing

60 min. 60€

Ultrasonic Facial treatment with arnica and sea collagen / Especially for dry skins. Improved skin texture and firmness and also an average 13% reduction in wrinkles.

65 min. 66€

Facial treatment with Aloe Vera and hyaluronic acid / Ultrasound-guided hyaluronic acid, fills out wrinkles from the inside, makes skin look younger.

65 min. 66€

Facial treatment with special slime slug cream / The Slime Slug is one of the best substances for the treatment and regeneration of the skin, contains antioxidants that can slow down the process of aging by eliminating free radicals and its protein content is important to give the skin a healthy appearance, young and tonic.

65 min. 66 €

Anti-Age Rose Treatment / Intensive Facial + feel-good luxury for skin and soul with the regeneration active of essential rose oil.

70 min. 69 €

MASSAGES

Back massage

30 min. 45 €

Holistic deep tissue massage (whole body) / A combination of structural massage, deep tissue and articulation massage. We recommend this massage for deep relaxation at physical, mental and emotional level. Harmonizes while you relax.

60 min. 75 €

Aromatherapy massage (whole body) / Relaxing massage with essential oils that will bring you to a magical state of inner peace and harmony.

60 min. 75 €

Head, face and neck massage / Several essential oils are used in this massage to achieve deep relaxation. Balances nervous system.

30 min. 45€

Reflexology / Massage on the reflex points of the whole body systems. The pressure on these activates regeneration stimulates self-healing processes.

30 min. 55€

Spa Treatments

Legs, calves and feet massage / Relieve tensión promoting blood circulation, toning and movements. You will feel light and balance.

30 min. 45€ / 40 min. 55€

Anti-cellulite massage / Effectively combat localized cellulite massage by activating the circulation of the blood and oxygenated tissues by helping rid the body of water, oil and impurities. This treatment can be combined with lymphatic drainage to achieve optimal results.

Legs 30 min. 60€ / Whole body 60 min. 80€

Lymphatic drainage / Lymphatic drainage is applied to the circulatory system and aims to mobilize the body fluids to promote the elimination of waste products. One of the main applications of lymphatic drainage is to fluid retention, cellulite, circulation problems, tired legs, ... Lymphatic drainage is also a good treatment to skin as it promotes blood circulation helping to avoid forming bags and wrinkles.

Legs 30 min. 60€ / Whole body 60 min. 80€

Exfoliating massage (peeling) / This treatment is suitable for all skin types, is the removal of dead skin cells getting one flaking surface. This got much cleaner, soft and fresh skin, much more prepared and receptive to any further treatment. After exfoliation, we do a body massage where we get a deep skin hydration, thus leaving a feeling of hydration, smoothness and well after making the sesión

Legs 30 min. 60€ / Whole body 60 min. 80€

SPECIAL TREATMENTS

Ayurvedic massages "Abhyanga" / Ayurvedic massage to combat stress, emotional balance, eliminate toxins, it moisturizes the skin and hair and helps to combat insomnia.

75 min. 85€

Massage for children / Which helps your child to gradually relax

20 min. 40€

Relaxing massage with semi gemstones (Bali) / A very relaxing massage. Positive impact of stone therapy helps to keep clean and radiating skin, and the oil used during the massage makes it soft and smooth.

30 min. 45€ / 60 min. 85€

Massage with ocean shells and essential oil / Exotic, pleasant and very relaxing massage, ... an unique experience!

Back 30 min. 45€ / Whole body 60 min. 85€

Bamboo massage / Improves circulation, cellulite and muscle aches.

30 min. 45€ / 60 min. 85€

Rose therapy / A massage with bulgarian rose oil that which has many properties; relaxes, hydrates and rejuvenates for the skin... an unique experience!!

30 min. 45€ / 60 min. 75€

Spa Treatments

Reiki / Is most commonly understood as a holistic healing method for connecting universal energy with the body's innate powers of healing. It is also translated as "universal life energy" or "spiritual power" or "soul force".

40 min. 60€ / 60 min. 80€

SPECIAL PACKAGES

Regeneration day / 1 peeling (full body) > 40 minutes / 1 massage (chocolate or aromatherapy) > 1 hour / 1 head, neck & face massage > 20 minutes.

150€

Special package 3 massages / Full body Back / Back+legs. Massages can be done in several days.

55 min. 195€ / 30 min. 120€ / 40 min. 150€

Day Cleanse / Bicycle tour 1hour / Lymph drainage 1 hour. / Head, neck & face massage > 30 min / Vegetarian 3 course menu.

160€

Relaxing day Hand massage > 20 min / Back massage > 40 min. / Face treatment with aloe vera 1 hour / Refreshing fruit and a drink.

140€

Harmony Day Yoga and meditation course 1 hour / Aromatherapy – relaxing massage 1hour / Face treatment with yogurt 60 min. We pick fresh vegetables together from our garden and prepare a plate of these fruits and vegetables

185€

YOGA

Yoga and meditation helps you in many ways to improve the quality of life, it is good as relaxation and a natural part of the daily life.

Private yoga lessons / Yoga is a holistic system and contains a selection of postures (asanas), breathing techniques (Pranayamas) and deep relaxation parts. The sessions will be customized to fit your needs.

Two persons > 40€ for person.

Groups of three or more > 30€ for person.
